



# Nutritional GUIDE



## AUNTIE ANNE'S® ALLERGEN STATEMENT

Some of our products contain milk, eggs, wheat, soy, peanuts, and tree nuts. Although efforts are made to avoid cross-contact of allergens, we cannot guarantee that cross-contact with allergens will not occur.

For more information, call Auntie Anne's Guest Relations (1-877 778-9588), email us at [nutrition@auntieannes.com](mailto:nutrition@auntieannes.com), or visit [auntieannes.com](http://auntieannes.com).

---

While Auntie Anne's takes reasonable steps to ensure that the method of preparation and the amount of the each menu item offered is consistent with the nutrition information provided, variations in serving sizes, recipe formulations, preparation techniques, product testing, and sources of supply, as well as regional and seasonal differences may affect the nutrition values for each product. In some instances, ingredient substitutions and differences in product assembly or size at a specific Auntie Anne's location may also impact the nutrition values for each product.

AUNTIE ANNE'S is a registered trademark of Auntie Anne's LLC. ©2017 Auntie Anne's Inc. All rights reserved. Coca-Cola, Diet Coca-Cola, Sprite, Fanta, FUZE, Cherry Coke, Gold Peak, Hi-C are registered trademarks of The Coca-Cola Company. Dr Pepper is a registered trademark of Dr Pepper/Seven-Up, Inc. Nestea is a registered trademark of Societe des Produits Nestlé S.A. ICEE is a registered trademark of ICEE.

03.17

For the most up-to-date nutritional information,  
please visit [www.auntieannes.com/nutrition](http://www.auntieannes.com/nutrition)

[auntieannes.com](http://auntieannes.com)


# CLASSIC PRETZELS



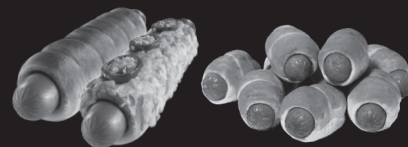
	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Classic Pretzels					
Cinnamon Sugar Pretzel	1 (147g)	470	100	12g/18%	7g/35%
Cinnamon Sugar Pretzel <i>no Butter</i>	1 (136g)	380	10	1g/2%	0g/0%
Jalapeño Pretzel	1 (124g)	330	45	5g/8%	3g/15%
Jalapeño Pretzel <i>no Butter</i>	1 (120g)	300	10	1g/2%	0g/0%
Jalapeño Pretzel <i>no Butter no Salt</i>	1 (118g)	300	10	1g/2%	0g/0%
Jalapeño Pretzel <i>no Salt</i>	1 (122g)	330	45	5g/8%	3g/15%
Original Pretzel	1 (123g)	340	45	5g/8%	3g/15%
Original Pretzel <i>no Butter</i>	1 (119g)	310	10	1g/2%	0g/0%
Original Pretzel <i>no Butter no Salt</i>	1 (117g)	310	10	1g/2%	0g/0%
Original Pretzel <i>no Salt</i>	1 (121g)	340	45	5g/8%	3g/15%
Pepperoni Pretzel	1(149g)	480	150	16g/25%	8g/40%
Pepperoni Pretzel <i>no Butter</i>	1(145g)	440	110	12g/18%	5g/25%
Raisin Pretzel	1 (127g)	360	45	5g/8%	3g/15%
Raisin Pretzel <i>no Butter</i>	1 (123g)	330	10	1g/2%	0g/0%
Roasted Garlic & Parmesan Pretzel	1 (130g)	380	70	8g/12%	4g/20%
Roasted Garlic & Parmesan Pretzel <i>no Butter</i>	1 (128g)	330	15	1.5g/2%	0.5g/3%
Roasted Garlic & Parmesan Pretzel <i>no Butter no Salt</i>	1 (122g)	310	10	1g/2%	0g/0%
Roasted Garlic & Parmesan Pretzel <i>no Salt</i>	1 (128g)	350	45	5g/8%	3g/15%
Sour Cream & Onion Pretzel	1 (130g)	380	70	8g/12%	4g/20%
Sour Cream & Onion Pretzel <i>no Butter</i>	1 (128g)	330	15	1.5g/2%	0.5g/3%
Sour Cream & Onion Pretzel <i>no Butter no Salt</i>	1 (122g)	330	15	1.5g/2%	0.5g/3%
Sour Cream & Onion Pretzel <i>no Salt</i>	1 (128g)	380	70	8g/12%	4g/20%
Sweet Almond Pretzel	1 (131g)	390	50	6g/9%	3.5g/18%
Sweet Almond Pretzel <i>no Butter</i>	1 (127g)	350	20	2g/3%	1g/5%
Cinnamon Sugar Party Pretzel	1 (74g)	250	50	6g/9%	4g/18%
Original Party Pretzel	1 (62g)	180	25	3g/4%	1.5g/8%

	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value				
								Vitamin A	Vitamin C	Calcium	Iron	
Og	25mg/8%	400mg/17%	84g/28%	2g/8%	29g	8g	6%	0%	2%	4%		
Og	0mg/0%	400mg/17%	84g/28%	2g/8%	29g	8g	0%	0%	2%	4%		
Og	10mg/3%	1060mg/44%	63g/21%	2g/8%	9g	8g	2%	0%	2%	4%		
Og	0mg/0%	1060mg/44%	63g/21%	2g/8%	9g	8g	0%	0%	2%	4%		
Og	0mg/0%	480mg/20%	63g/21%	2g/8%	9g	8g	0%	0%	2%	4%		
Og	10mg/3%	480mg/20%	63g/21%	2g/8%	9g	8g	2%	0%	2%	4%		
Og	10mg/3%	990mg/41%	65g/22%	2g/8%	10g	8g	2%	0%	2%	4%		
Og	0mg/0%	990mg/ 41%	65g/22%	2g/8%	10g	8g	0%	0%	2%	4%		
Og	0mg/0%	400mg/17%	65g/22%	2g/8%	10g	8g	0%	0%	2%	4%		
Og	10mg/3%	400mg/17%	65g/22%	2g/8%	10g	8g	2%	0%	2%	4%		
Og	40mg/13%	860mg/36%	65g/22%	2g/8%	10g	15g	2%	0%	10%	6%		
Og	30mg/10%	860mg/36%	65g/22%	2g/8%	10g	15g	2%	0%	10%	6%		
Og	10mg/3%	390mg/16%	69g/23%	2g/8%	16g	8g	2%	0%	4%	6%		
Og	0mg/0%	390mg/16%	69g/23%	2g/8%	16g	8g	0%	0%	4%	6%		
Og	15mg/5%	1250mg/52%	68g/23%	2g/8%	10g	9g	4%	2%	6%	6%		
Og	0mg/0%	1250mg/52%	68g/23%	2g/8%	10g	9g	0%	2%	6%	6%		
Og	0mg/0%	660mg/28%	65g/22%	2g/8%	10g	8g	0%	0%	2%	4%		
Og	10mg/3%	660mg/28%	65g/22%	2g/8%	10g	8g	2%	0%	2%	4%		
Og	15mg/5%	1240mg/52%	68g/23%	2g/8%	12g	8g	4%	0%	4%	4%		
Og	0mg/0%	1240mg/52%	68g/23%	2g/8%	12g	8g	0%	0%	4%	4%		
Og	0mg/0%	650mg/27%	68g/23%	2g/8%	12g	8g	0%	0%	4%	4%		
Og	15mg/5%	650mg/27%	68g/23%	2g/8%	12g	8g	4%	0%	4%	4%		
Og	10mg/3%	400mg/17%	74g/25%	2g/8%	17g	8g	2%	0%	2%	4%		
Og	0mg/0%	400mg/17%	74g/25%	2g/8%	17g	8g	0%	0%	2%	4%		
Og	15mg/5%	210mg/9%	43mg/14%	1g	15g	4g	4%	0%	2%	2%		
Og	5mg/2%	510mg/21%	34g/11%	1g/4%	5g	4g	2%	0%	2%	2%		

 Since Auntie Anne's Pretzels are prepared fresh in stores, you can request your pretzel to be made without butter. When served without butter, the Original, Cinnamon Sugar, Raisin, Jalapeño, and Roasted Garlic & Parmesan Pretzels average just 1 gram of fat.

 Reduce your sodium intake by asking for your pretzel with no added salt.

# PRETZEL DOGS



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Pretzel Dogs					
Pretzel Dog	1 (119g)	360	180	20g/31%	9g/45%
Pretzel Dog <i>no Butter</i>	1 (115g)	320	140	16g/25%	6g/30%
Cheese Pretzel Dog	1 (122g)	370	180	20g/31%	9g/45%
Cheese Pretzel Dog <i>no Butter</i>	1 (118g)	340	150	17g/26%	7g/35%
Jalapeño Cheese Pretzel Dog	1 (130g)	370	180	20g/31%	9g/45%
Jalapeño Cheese Pretzel Dog <i>no Butter</i>	1 (126g)	340	150	17g/26%	7g/35%
Mini Pretzel Dogs	10 count (216g)	630	310	35g/54%	15g/75%
Mini Pretzel Dogs <i>no Butter</i>	10 count (211g)	580	270	30g/46%	12g/60%


	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
								Vitamin A	Vitamin C	Calcium	Iron
	.5g*	45mg/15%	740mg/31%	33g/11%	1g/4%	5g	11g	4%	0%	2%	6%
	.5g*	35mg/12%	740mg/31%	33g/11%	1g/4%	5g	11g	2%	0%	2%	6%
	.5g*	50mg/17%	640mg/27%	33g/11%	1g/4%	5g	12g	6%	0%	4%	6%
	.5g*	40mg/13%	640mg/27%	33g/11%	1g/4%	5g	12g	2%	0%	4%	6%
	.5g*	50mg/17%	700mg/29%	34g/11%	1g/4%	5g	12g	6%	0%	4%	6%
	.5g*	40mg/13%	700mg/29%	34g/11%	1g/4%	5g	12g	2%	0%	4%	6%
	0g	80mg/27%	1290mg/54%	56g/19%	2g/8%	8g	20g	6%	0%	2%	10%
	0g	70mg/23%	1290mg/54%	56g/19%	2g/8%	8g	20g	4%	0%	2%	10%

# PRETZEL NUGGETS



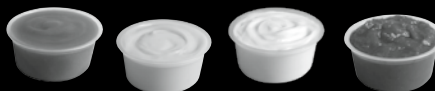
	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Pretzel Nuggets					
Cinnamon Sugar Nuggets	16 oz. (168g)	490	45	5g/8%	2.5g/13%
Cinnamon Sugar Nuggets <i>no Butter</i>	16 oz. (165g)	460	20	2.5g/4%	0g/0%
Original Nuggets	16 oz. (147g)	390	45	5g/8%	2.5g/13%
Original Nuggets <i>no Butter</i>	16 oz. (143g)	360	10	1.5g/2%	0g/0%
Pepperoni Nuggets	16 oz. (147g)	480	180	20g/31%	9g/45%
Pepperoni Nuggets <i>no Butter</i>	16 oz. (143g)	450	150	16g/25%	7g/35%

	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
								Vitamin A	Vitamin C	Calcium	Iron
	0g	10mg/3%	300mg/13%	99g/33%	2g/8%	35g	9g	2%	0%	4%	4%
	0g	0mg/0%	300mg/13%	99g/33%	2g/8%	35g	9g	0%	0%	4%	4%
	0g	10mg/3%	1280mg/53%	75g/25%	2g/8%	11g	9g	2%	0%	4%	4%
	0g	0mg/0%	1280mg/53%	75g/25%	2g/8%	11g	9g	0%	0%	4%	4%
	0g	60mg/20%	760mg/32%	58g/19%	2g/8%	9g	16g	4%	0%	10%	6%
	0g	50mg/17%	760mg/32%	58g/19%	2g/8%	9g	16g	2%	0%	10%	6%

 Our Nuggets are perfect for eating at your leisure and managing portion sizes.

\* Naturally occurring trans-fat.

# DIPS



Dips	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat	Trans Fat
Caramel	1.7 oz. (48g)	170	15	2g/3%	1g/5%	0g
Cheese	1.4 oz. (40g)	90	70	8g/12%	3g/15%	0g
Hot Salsa Cheese	1.4 oz. (40g)	90	70	8g/12%	3g/15%	0g
Light Cream Cheese	1.25 oz. (35g)	80	50	6g/9%	4.5g/23%	0g
Marinara	2 oz. (57g)	45	10	1g/2%	0g/0%	0g
Melted Cheese	2 oz. (55g)	150	100	12g/18%	3g/15%	0g
Sweet Glaze	1.7 oz. (48g)	150	0	0g/0%	0g/0%	0g
Sweet Mustard	1.5 oz. (42g)	90	25	3g/5%	1g/5%	0g

Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
						Vitamin A	Vitamin C	Calcium	Iron
5mg/2%	95mg/4%	37g/12%	1g/4%	19g	1g	0%	0%	4%	0%
15mg/5%	370mg/15%	2g/1%	0g/0%	1g	3g	0%	0%	6%	0%
15mg/5%	370mg/15%	2g/1%	0g/0%	2g	3g	0%	2%	6%	0%
20mg/7%	120mg/5%	1g/0%	0g/0%	0g	3g	6%	0%	2%	0%
0mg/0%	240mg/10%	7g/2%	2g/8%	4g	1g	6%	30%	2%	4%
20mg/7%	850mg/35%	6g/2%	0g/0%	4g	5g	2%	0%	15%	0%
0mg/0%	10mg/0%	39g/13%	0g/0%	38g	0g	0%	0%	0%	0%
35mg/12%	190mg/8%	14g/5%	0g/0%	12g	2g	2%	0%	2%	2%



Choose Marinara Dip as a lower calorie/fat dip option.

# BREAKFAST PRODUCTS



Breakfast Products	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Breakfast Pretzel Sandwich - Egg & Cheese	1 (119g)	240	70	8g/12%	4g/20%
Breakfast Pretzel Sandwich - Bacon, Egg, & Cheese	1 (129g)	300	100	12g/18%	5g/25%
Breakfast Pretzel Sandwich - Sausage, Egg, & Cheese	1 (161g)	390	190	21g/32%	9g/45%
Breakfast Sausage Stix	5 sticks (245g)	760	390	43g/66%	15g/75%
Breakfast Sausage Stix <i>no Butter</i>	5 sticks (240g)	720	340	38g/58%	12g/60%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	80mg/27%	640mg/27%	29g/10%	1g/4%	5g	13g	6%	0%	20%	4%
0g	90mg/30%	850mg/35%	29g/10%	1g/4%	5g	16g	6%	0%	20%	4%
0g	110mg/37%	950mg/40%	29g/10%	1g/4%	5g	20g	6%	0%	25%	6%
0g	100mg/33%	1240mg/52%	65g/22%	2g/8%	9g	27g	4%	10%	4%	35%
0g	85mg/28%	1240mg/52%	65g/22%	2g/8%	9g	27g	0%	10%	4%	35%

# PRETZEL PIZZA



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Pretzel Pizza					
Personal Cheese Pretzel Pizza	1 (236g)	600	120	14g/22%	6g/30%
Personal Pepperoni Pretzel Pizza	1 (255g)	700	200	23g/35%	9g/45%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
1g	35mg/12%	910mg/38%	95g/32%	3g/12%	16g	21g	15%	8%	30%	6%
1g	55mg/18%	1280mg/53%	95g/32%	3g/12%	16g	25g	15%	8%	30%	8%

# SMOOTHIES



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Smoothies					
Mango	16 fl. oz. (170g)	230	0	0g/0%	0g/0%
	20 fl. oz. (227g)	310	5	0g/0%	0g/0%
	32 fl. oz. (340g)	470	5	0g/0%	0g/0%
Piña Colada	16 fl. oz. (170g)	300	45	5g/8%	4.5g/23%
	20 fl. oz. (227g)	390	60	7g/11%	6g/30%
	32 fl. oz. (340g)	590	90	10g/15%	9g/45%
Strawberry	16 fl. oz. (170g)	220	0	0g/0%	0g/0%
	20 fl. oz. (227g)	290	0	0g/0%	0g/0%
	32 fl. oz. (340g)	440	0	0g/0%	0g/0%
Strawberry-Banana	16 fl. oz. (170g)	220	0	0g/0%	0g/0%
	20 fl. oz. (227g)	290	0	0g/0%	0g/0%
	32 fl. oz. (340g)	440	0	0g/0%	0g/0%
Wild Berry	16 fl. oz. (170g)	230	0	0g/0%	0g/0%
	20 fl. oz. (227g)	300	0	0g/0%	0g/0%
	32 fl. oz. (340g)	450	0	0g/0%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	0mg/0%	20g/7%	1g/4%	58g	0g	50%	40%	0%	0%
0g	0mg/0%	0mg/0%	27g/9%	1g/4%	77g	1g	70%	50%	0%	2%
0g	0mg/0%	5mg/0%	41g/14%	2g/8%	115g	1g	100%	80%	0%	2%
0g	0mg/0%	40mg/2%	60g/20%	2g/8%	58g	1g	0%	25%	2%	4%
0g	0mg/0%	55mg/2%	81g/27%	3g/12%	77g	1g	0%	30%	2%	4%
0g	0mg/0%	80mg/3%	121g/40%	4g/16%	116g	2g	0%	50%	4%	6%
0g	0mg/0%	65mg/3%	53g/18%	1g/4%	51g	1g	2%	90%	2%	4%
0g	0mg/0%	90mg/4%	71g/24%	2g/8%	69g	1g	2%	120%	2%	6%
0g	0mg/0%	135mg/6%	107g/36%	2g/8%	103g	1g	2%	170%	4%	10%
0g	0mg/0%	5mg/0%	54g/18%	1g/4%	52g	1g	0%	70%	2%	4%
0g	0mg/0%	10mg/0%	72g/24%	2g/8%	69g	1g	2%	90%	4%	6%
0g	0mg/0%	15mg/1%	109g/36%	3g/12%	103g	2g	2%	140%	6%	10%
0g	0mg/0%	10mg/0%	57g/19%	1g/4%	54g	1g	0%	60%	2%	4%
0g	0mg/0%	15mg/1%	76g/25%	2g/8%	73g	1g	2%	80%	4%	6%
0g	0mg/0%	25mg/1%	114g/38%	3g/12%	109g	1g	2%	120%	4%	8%

# LEMONADE & FROZEN LEMONADE



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Lemonade					
Old Fashioned Lemonade	16 fl. oz. (355g)	200	0	0g/0%	0g/0%
	21 fl. oz. (473g)	260	0	0g/0%	0g/0%
	32 fl. oz. (680g)	370	0	0g/0%	0g/0%
Lemonade Mixer - Blue Raspberry	16 fl. oz. (370g)	230	0	0g/0%	0g/0%
	20 fl. oz. (479g)	290	0	0g/0%	0g/0%
	32 fl. oz. (725g)	470	0	0g/0%	0g/0%
Lemonade Mixer - Wild Cherry	16 fl. oz. (370g)	230	0	0g/0%	0g/0%
	20 fl. oz. (479g)	290	0	0g/0%	0g/0%
	32 fl. oz. (725g)	470	0	0g/0%	0g/0%
Lemonade Mixer - Strawberry	16 fl. oz. (370g)	230	0	0g/0%	0g/0%
	20 fl. oz. (479g)	290	0	0g/0%	0g/0%
	32 fl. oz. (725g)	470	0	0g/0%	0g/0%
Lemonade Mixer - Mango	16 fl. oz. (370g)	230	0	0g/0%	0g/0%
	20 fl. oz. (479g)	290	0	0g/0%	0g/0%
	32 fl. oz. (725g)	470	0	0g/0%	0g/0%
Frozen Lemonade	16 fl. oz. (378g)	210	0	0g/0%	0g/0%
	20 fl. oz. (492g)	300	0	0g/0%	0g/0%
	32 fl. oz. (713g)	400	0	0g/0%	0g/0%
Frozen Lemonade Mixer - Blue Raspberry	16 fl. oz. (398g)	260	0	0g/0%	0g/0%
	20 fl. oz. (492g)	300	0	0g/0%	0g/0%
	32 fl. oz. (713g)	440	0	0g/0%	0g/0%
Frozen Lemonade Mixer - Wild Cherry	16 fl. oz. (398g)	260	0	0g/0%	0g/0%
	20 fl. oz. (492g)	300	0	0g/0%	0g/0%
	32 fl. oz. (713g)	450	0	0g/0%	0g/0%
Frozen Lemonade Mixer - Strawberry	16 fl. oz. (398g)	260	0	0g/0%	0g/0%
	20 fl. oz. (492g)	300	0	0g/0%	0g/0%
	32 fl. oz. (713g)	450	0	0g/0%	0g/0%
Frozen Lemonade Mixer - Mango	16 fl. oz. (398g)	260	0	0g/0%	0g/0%
	20 fl. oz. (492g)	300	0	0g/0%	0g/0%
	32 fl. oz. (713g)	440	0	0g/0%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	10mg/0%	50g/17%	0g/0%	47g	0g	0%	15%	0%	0%
0g	0mg/0%	15mg/1%	66g/22%	0g/0%	62g	0g	0%	25%	2%	0%
0g	0mg/0%	20mg/1%	95g/32%	0g/0%	89g	0g	0%	35%	2%	0%
0g	0mg/0%	10mg/0%	58g/19%	0g/0%	54g	0g	0%	15%	0%	0%
0g	0mg/0%	15mg/1%	78g/26%	0g/0%	73g	0g	0%	20%	0%	0%
0g	0mg/0%	25mg/1%	115g/38%	0g/0%	108g	0g	0%	35%	2%	0%
0g	0mg/0%	15mg/1%	58g/19%	0g/0%	54g	0g	0%	15%	0%	0%
0g	0mg/0%	20mg/1%	78g/26%	0g/0%	73g	0g	0%	20%	0%	0%
0g	0mg/0%	25mg/1%	115g/38%	0g/0%	108g	0g	0%	35%	2%	0%
0g	0mg/0%	10mg/0%	58g/19%	0g/0%	54g	0g	0%	15%	0%	0%
0g	0mg/0%	15mg/1%	78g/26%	0g/0%	73g	0g	0%	20%	0%	0%
0g	0mg/0%	25mg/1%	115g/38%	0g/0%	108g	0g	0%	35%	2%	0%
0g	0mg/0%	25mg/1%	53g/18%	0g/0%	49g	0g	0%	20%	0%	0%
0g	0mg/0%	20mg/1%	76g/25%	0g/0%	71g	0g	0%	25%	2%	0%
0g	0mg/0%	45mg/2%	100g/33%	0g/0%	93g	0g	0%	35%	2%	0%
0g	0mg/0%	25mg/1%	66g/22%	0g/0%	62g	0g	0%	20%	0%	0%
0g	0mg/0%	30mg/1%	80g/27%	0g/0%	74g	0g	0%	20%	0%	0%
0g	0mg/0%	45mg/2%	113g/38%	0g/0%	105g	0g	0%	30%	2%	0%
0g	0mg/0%	25mg/1%	66g/22%	0g/0%	62g	0g	0%	20%	0%	0%
0g	0mg/0%	30mg/1%	80g/27%	0g/0%	74g	0g	0%	20%	0%	0%
0g	0mg/0%	45mg/2%	113g/38%	0g/0%	105g	0g	0%	30%	2%	0%
0g	0mg/0%	25mg/1%	66g/22%	0g/0%	62g	0g	0%	20%	0%	0%
0g	0mg/0%	30mg/1%	80g/27%	0g/0%	74g	0g	0%	20%	2%	0%
0g	0mg/0%	45mg/2%	113g/38%	0g/0%	105g	0g	0%	30%	2%	0%

# ICEE®



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
ICEE					
ICEE® - Blue Raspberry	16 fl. oz. (339g)	140	0	0g/0%	0g/0%
	21 fl. oz. (376g)	160	0	0g/0%	0g/0%
	32 fl. oz. (695g)	290	0	0g/0%	0g/0%
ICEE® - Coca-Cola®	16 oz. (339g)	140	0	0g/0%	0g/0%
	21 oz. (376g)	160	0	0g/0%	0g/0%
	32 fl. oz. (695g)	290	0	0g/0%	0g/0%
ICEE® - Wild Cherry	16 fl. oz. (339g)	140	0	0g/0%	0g/0%
	21 fl. oz. (376g)	160	0	0g/0%	0g/0%
	32 fl. oz. (695g)	290	0	0g/0%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	10mg/0%	37g/12%	0g/0%	37g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	41g/14%	0g/0%	41g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	76g/25%	0g/0%	76g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	39g/13%	0g/0%	39g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	43g/14%	0g/0%	43g	0g	0%	0%	0%	0%
0g	0mg/0%	25mg/1%	80g/27%	0g/0%	80g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	39g/13%	0g/0%	39g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	43g/14%	0g/0%	43g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	80g/27%	0g/0%	80g	0g	0%	0%	0%	0%

## OTHER BEVERAGES

Beverages	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Coffee	12 fl. oz. (295g)	5	0	0g/0%	0g/0%
	16 fl. oz. (414g)	5	0	0g/0%	0g/0%
Nestlé® Hot Cocoa	1 Packet (20g)	80	25	3g/5%	2g/10%
Mocha Ice	16 fl. oz. (342g)	250	70	7g/11%	6g/30%
	20 fl. oz. (427g)	390	110	12g/18%	11g/55%
	32 fl. oz. (683g)	490	130	15g/23%	13g/65%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	5mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	170mg/7%	15g/5%	1g/4%	12g	1g	0%	0%	2%	2%
0g	0mg/0%	80mg/3%	46g/15%	1g/4%	34g	1g	0%	0%	10%	0%
0g	0mg/0%	125mg/5%	73g/24%	2g/8%	53g	2g	0%	0%	15%	0%
0g	0mg/0%	160mg/7%	91g/30%	2g/8%	68g	2g	0%	0%	20%	0%

# FOUNTAIN DRINKS



Soda	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat	Trans Fat
Cherry Coke®	16 fl. oz. (355g)	150	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	200	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	280	0	0g/0%	0g/0%	0g
Coca-Cola*	16 fl. oz. (355g)	140	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	180	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	270	0	0g/0%	0g/0%	0g
Coca-Cola* Diet	16 fl. oz. (355g)	0	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	0	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	5	0	0g/0%	0g/0%	0g
Dr. Pepper®	16 fl. oz. (355g)	140	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	190	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	280	0	0g/0%	0g/0%	0g
Orange Fanta®	16 fl. oz. (355g)	170	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	220	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	320	0	0g/0%	0g/0%	0g
Root Beer	16 fl. oz. (355g)	160	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	210	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	300	0	0g/0%	0g/0%	0g
Sprite®	16 fl. oz. (355g)	140	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	190	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	270	0	0g/0%	0g/0%	0g
Hi-C® Fruit Punch	16 fl. oz. (355g)	150	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	200	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	280	0	0g/0%	0g/0%	0g

Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
						Vitamin A	Vitamin C	Calcium	Iron
0mg/0%	5mg/0%	40g/13%	0g/0%	40g	0g	0%	0%	0%	0%
0mg/0%	10mg/0%	53g/18%	0g/0%	53g	0g	0%	0%	0%	0%
0mg/0%	10mg/0%	76g/25%	0g/0%	76g	0g	0%	0%	0%	0%
0mg/0%	15mg/1%	38g/13%	0g/0%	38g	0g	0%	0%	0%	0%
0mg/0%	15mg/1%	51g/17%	0g/0%	51g	0g	0%	0%	0%	0%
0mg/0%	25mg/1%	74g/25%	0g/0%	74g	0g	0%	0%	0%	0%
0mg/0%	5mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0mg/0%	10mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0mg/0%	10mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0mg/0%	50mg/2%	39g/13%	0g/0%	39g	0g	0%	0%	0%	0%
0mg/0%	65mg/3%	52g/17%	0g/0%	52g	0g	0%	0%	0%	0%
0mg/0%	95mg/4%	75g/25%	0g/0%	75g	0g	0%	0%	0%	0%
0mg/0%	15mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%
0mg/0%	15mg/1%	60g/20%	0g/0%	60g	0g	0%	0%	0%	0%
0mg/0%	25mg/1%	87g/29%	0g/0%	87g	0g	0%	0%	0%	0%
0mg/0%	35mg/1%	42g/14%	0g/0%	42g	0g	0%	0%	0%	0%
0mg/0%	45mg/2%	57g/19%	0g/0%	57g	0g	0%	0%	0%	0%
0mg/0%	65mg/3%	81g/27%	0g/0%	81g	0g	0%	0%	0%	0%
0mg/0%	30mg/1%	36g/12%	0g/0%	32g	0g	0%	0%	0%	2%
0mg/0%	45mg/2%	48g/16%	0g/0%	42g	0g	0%	0%	0%	2%
0mg/0%	60mg/3%	69g/23%	0g/0%	61g	0g	0%	0%	2%	4%
0mg/0%	200mg/8%	39g/13%	0g/0%	39g	0g	0%	220%	0%	0%
0mg/0%	270mg/11%	52g/17%	0g/0%	52g	0g	0%	300%	0%	0%
0mg/0%	390mg/16%	75g/25%	0g/0%	75g	0g	0%	430%	0%	0%



# ICED TEA



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Iced Tea					
Gold Peak® Sweetened Black Tea	16 fl. oz. (355g)	130	0	0g/0%	0g/0%
	21 fl. oz. (473g)	170	0	0g/0%	0g/0%
	32 fl. oz. (680g)	240	0	0g/0%	0g/0%
Gold Peak® Unsweetened Black Tea	16 fl. oz. (355g)	0	0	0g/0%	0g/0%
	21 fl. oz. (473g)	0	0	0g/0%	0g/0%
	32 fl. oz. (680g)	0	0	0g/0%	0g/0%
Gold Peak® Green Tea	16 fl. oz. (355g)	130	0	0g/0%	0g/0%
	21 fl. oz. (473g)	180	0	0g/0%	0g/0%
	32 fl. oz. (680g)	250	0	0g/0%	0g/0%
Gold Peak® Peach Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Gold Peak® Raspberry Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Fuze® Sweet Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Fuze® Unsweetened Tea	16 fl. oz. (355g)	5	0	0g/0%	0g/0%
	21 fl. oz. (473g)	5	0	0g/0%	0g/0%
	32 fl. oz. (680g)	5	0	0g/0%	0g/0%
Fuze® Black Tea with Lemon	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Fuze® Peach Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Fuze® Raspberry Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Lemonade Iced Tea	16 fl. oz. (340g)	170	0	0g/0%	0g/0%
	20 fl. oz. (425g)	210	0	0g/0%	0g/0%
	32 fl. oz. (680g)	330	0	0g/0%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	15mg/1%	34g/11%	0g/0%	34g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	46g/15%	0g/0%	46g	0g	0%	0%	0%	0%
0g	0mg/0%	25mg/1%	66g/22%	0g/0%	66g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	25mg/1%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	36g/12%	0g/0%	34g	0g	0%	170%	0%	0%
0g	0mg/0%	15mg/1%	48g/16%	0g/0%	46g	0g	0%	230%	0%	0%
0g	0mg/0%	20mg/1%	69g/23%	0g/0%	66g	0g	0%	320%	0%	0%
0g	0mg/0%	10mg/0%	24g/8%	0g/0%	24g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	24g/8%	0g/0%	24g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	24g/8%	0g/0%	24g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	24g/8%	0g/0%	24g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%
0g	0mg/0%	5mg/0%	42g/14%	0g/0%	40g	0g	0%	8%	0%	0%
0g	0mg/0%	5mg/0%	53g/18%	0g/0%	54g	0g	0%	10%	0%	0%
0g	0mg/0%	10mg/0%	85g/28%	0g/0%	81g	0g	0%	15%	0%	0%

# ICED TEA (CONT.)

Auntie Anne's® Freshly Brewed Iced Tea	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Original Sweet Iced Tea	16 fl. oz. (217g)	90	0	0g/0%	0g/0%
	21 fl. oz. (281g)	120	0	0g/0%	0g/0%
	32 fl. oz. (459g)	190	0	0g/0%	0g/0%
Original Unsweetened Iced Tea	16 fl. oz. (217g)	0	0	0g/0%	0g/0%
	21 fl. oz. (281g)	0	0	0g/0%	0g/0%
	32 fl. oz. (459g)	0	0	0g/0%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	0mg/0%	23g/8%	0g/0%	23g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	34g/10%	0g/0%	30g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	49g/16%	0g/0%	49g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%